



Choir

Lesson Plan

Elementary Level





Choir

Program Guide: Elementary Level

Vocal Warm-ups:

Begin each session with a series of vocal warm-ups. Repeat each pattern, changing the starting tone by a half-step with each repetition. Warm-ups can move both up and down the scale. Experiment with adjusting the starting pitch and direction across sessions. (See worksheet)

Rounds:

Rounds are an excellent tool for introductory singing. Since each student learns the exact same vocal line, teaching the music moves quickly and efficiently. For each round, the next part enters at the marked letters in the score.

- Alfred the Alligator (*American Folk Song*)
- C-O-F-F-E-E (*German Folk Song*)
- Have You Seen the Ghost of John? (*Appalachian Folk Song*)
- Heigh Ho (*Folk Song*)
- House is Burning! (*English Folk Song*)
- Music Alone Shall Live (*German Folk Song*)
- Viva la Musica! (*Michael Praetorius*)
- Who'll Buy My Roses? (*English Folk Song*)

Two Part Singing:

These songs, written for two part singing, expand students' knowledge of harmony. There is music sung both *a cappella* and with piano accompaniment. While slightly more challenging and time consuming to learn, these melodies will prove rewarding to sing and perform.

- Tum Balalaika (*Russian Folk Song*)
- Vive la Compagnie! (*French Folk Song*)



Vocal Warmups

ed. Justin Callis

-I-

Ee Ah _____ Ee Ah _____ etc.

-II-

Zig-a-zig-a zay zig-a-zig-a zay zee oh zee oh zee Zig-a-zig-a zay zig-a-zig-a zay zee oh zee oh zee etc.

-III-

Ee oh ee oh ee oh ee Ee oh ee oh ee oh ee etc.

-IV-

I love to sing! I love to sing! etc.

-V-

Mom-my made me mash my M & Ms; I cried. Mom-my made me mash my M & Ms; I cried. etc.

-VI-

Man-y mumb-ling mice are mak-ing mer-ry mus-ic in the moon - light; might - y nice.

Man-y mumb-ling mice are mak-ing mer-ry mus-ic in the moon - light; might - y nice. etc.

Vocal Warmups

-VII-

A musical staff in G clef, common time. It consists of two measures of eighth-note patterns followed by a single note. Below the staff are the letters A through Z, with 'Double U' appearing twice.

A B C D E F G H I J K L M N O P Q R S T U V Dou-ble U X Y Z

A musical staff in G clef, common time. It consists of two measures of eighth-note patterns followed by a single note. Below the staff are the letters A through Z, with 'Double U' appearing twice. The word 'etc.' is written above the final note.

A B C D E F G H I J K L M N O P Q R S T U V Dou-ble U X Y Z etc.

Alfred the Alligator

American Folk Song
ed. Justin Callis

Singers can enter the round every measure



Have you e - ver been to the wa - ter spout, To the ver - y bot - tom of the wa - ter sys - tem,



There you'll find a lit - tle al - li - ga - tor who Goes by the name of Al - fred, if you do he's



mine. I lost him. I threw him down the wa - ter spout and



now I'm feel - ing lone - ly 'cause he's gone. I miss him.

C-O-F-F-E-E

German Folk Song
ed. Justin Callis

[A]

Singers can enter the round every 4 measures

Musical notation for section A in 3/4 time, treble clef, with lyrics in German and English. The lyrics are: C - O - F - F - E - E, Cof fee is not viel for Caf - me!

[B]

Musical notation for section B in 3/4 time, treble clef, with lyrics in German and English. The lyrics are: It's a drink some people wake up with, that makes them nervous is no myth. Nicht für Kind - er ist der schwar - ze Trank, schwächt die Ner - ven, macht dich blass und krank.

[C]

Musical notation for section C in 3/4 time, treble clef, with lyrics in German and English. The lyrics are: Thanks to the cof cup, they can't give cof up! Sei doch kein dum - mer Mann, der ihn nicht las - sen kann!

Have You Seen the Ghost of John?

Appalachian Folk Song

ed. Justin Callis

[A]

Singers can enter the round every 2 measures

Have you seen the ghost of John?

[B]

Long white bones with the skin all gone.

[C]

Oo.

[D]

Would - n't it be chill - y with no skin on?

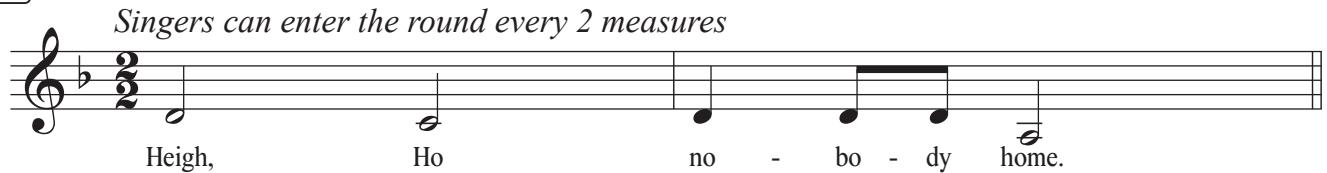
Heigh Ho

Folk Song

arr. Justin Callis

A

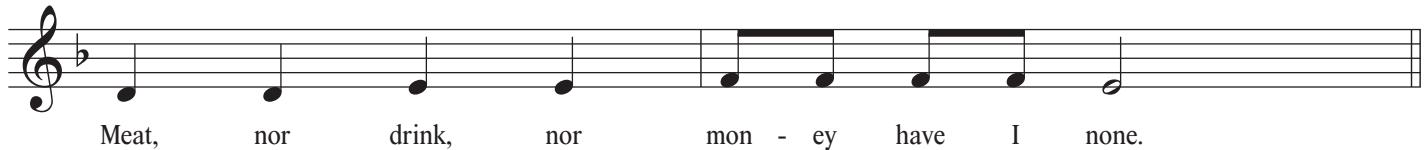
Singers can enter the round every 2 measures



Heigh, Ho no - bo - dy home.

This musical score consists of a single staff in common time (indicated by a '2' below the clef) and a key signature of one flat. The melody begins with a quarter note 'Heigh,' followed by a half note 'Ho'. The lyrics 'no - bo - dy' are set to three eighth notes, with a vertical bar line preceding the final 'dy'. The word 'home.' is preceded by a short rest and a half note.

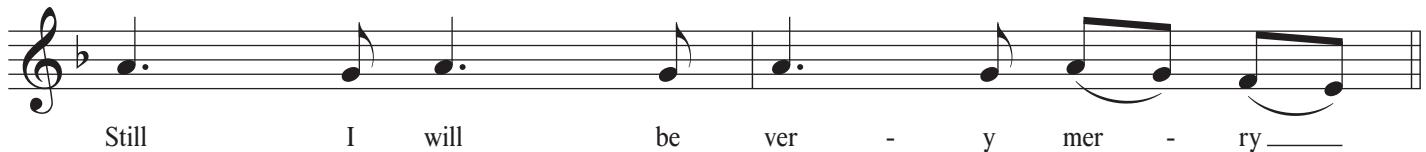
B



Meat, nor drink, nor mon - ey have I none.

This section continues the melody in common time with a key signature of one flat. It includes lyrics such as 'Meat,' 'nor drink,' 'nor mon - ey have I none.' The melody features eighth-note patterns and rests.

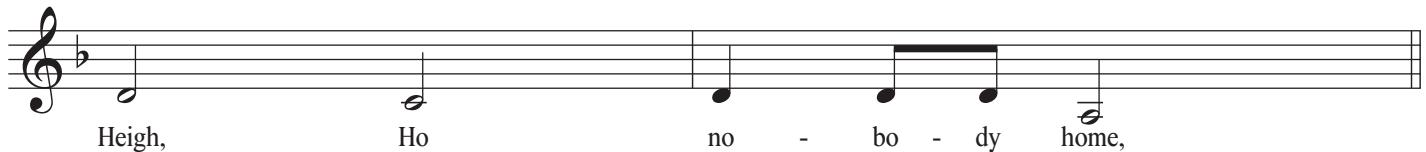
C



Still I will be ver - y mer - ry ____

This section introduces a new melodic line in common time with a key signature of one flat. The lyrics 'Still I will be ver - y mer - ry ____' are set to a series of eighth notes and quarter notes, with a fermata over the final 'ry'.

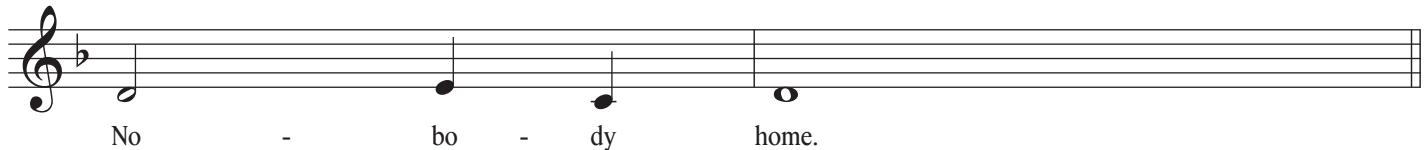
D



Heigh, Ho no - bo - dy home,

This section returns to the original melody in common time with a key signature of one flat. It concludes with the lyrics 'Heigh, Ho no - bo - dy home,' which are identical to the start of section A.

E



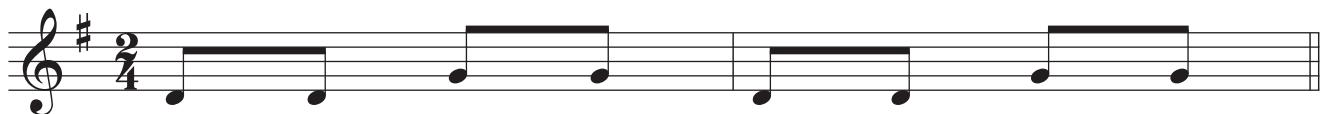
No - bo - dy home.

This final section provides a concluding phrase in common time with a key signature of one flat. The lyrics 'No - bo - dy home.' are set to a simple eighth-note pattern.

House is Burning!

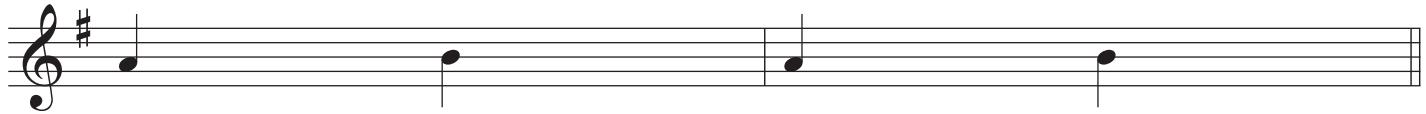
English Folk Song
ed. Justin Callis

[A]



Musical notation for section A in G major, 2/4 time. The melody consists of eighth notes and quarter notes. The lyrics are: House is burn - ing, house is burn - ing,

[B]



Musical notation for section B in G major, 2/4 time. The melody consists of eighth notes and quarter notes. The lyrics are: Look out, look out,

[C]



Musical notation for section C in G major, 2/4 time. The melody consists of eighth notes with crescendo marks (>) above them. The lyrics are: Fire, fire, fire, fire!

[D]



Musical notation for section D in G major, 2/4 time. The melody consists of eighth notes and quarter notes. The lyrics are: Pour on wa - ter, pour on wa - ter!

Music Alone Shall Live

German Folk Song
ed. Justin Callis

A

Singers can enter the round every 4 measures

All things shall vanish from under the sky.
Him - mel und Er - - nish from de un - der the ver - sky.
A - mel und Er - - nish from de un - der the ver - sky.

B

Mus - sic die - lone mu - shall si - live, mu - sic die - lone mu - shall si - live,
A - sic die - lone mu - shall si - live, mu - sic die - lone mu - shall si - live,

C

mu - sic die - lone mu - shall si - live, ne - ver to die.
a - sic die - lone mu - shall si - live, ne - ver to die.
a - sic die - lone mu - shall si - live, ne - ver to die.

Viva la Musica!

Michael Praetorius
ed. Justin Callis

A

Students can enter the round every 2 measures

Vi - va, vi - va la mu - si - ca!

B

Vi - va, vi - va la mu - si - ca!

C

Vi - va la mu - si - ca!

Who'll Buy My Roses

English Folk Song
ed. Justin Callis

Singers can enter the round every measure

A musical score in G clef, common time, with a key signature of one flat. The melody consists of eighth and sixteenth notes. The lyrics are: Who'll buy my roses, fresh li - lies and po - sies, With.

3

The same musical score continues. The lyrics are: cow - slips and prim - ro - ses, la - dies all buy.

Tum Balalayke

Allegro moderato

Russian Folk Song

Musical score for the beginning of the piece, showing two staves in 3/4 time with a key signature of one flat. The top staff has dynamics *mp* and *cresc.* The bottom staff has a bass clef.

A

mf

I

5

Tum ba - la, tum ba - la, tum ba - la - lay - ke,

9

I

tum ba - la, tum ba - la, tum ba - la - lay - ke,

9

I

tum ba - la, tum ba - la, tum ba - la - lay - ke,

13

I

cresc.

13

I

tum ba - la - lay - ke, shpil ba - la - lay - ke,

cresc.

Vive la Compagnie!

French Folk Song
ed. Justin Callis

G D7 G

I II

Let ev - 'ry good fel - low now join in our song, Vi - ve la com pa - gnie! —

II

Vi - ve la com - pa - gnie! — Suc-

I II

G D7 G

6

Vi - ve la com - pa - gnie! —

II

cess to each o - ther and pass it a - long, Vi - ve la - com - pa - gnie! —

I II

G C D G

10

Vi - ve la, vi - ve la, vi - ve l'a-mour. Vi - ve la, vi - ve la, vi - ve l'a-mour.

I II

Em Am D7 G

14

Vi - ve l'a - mour, vi - ve l'a - mour, vi - ve la com - pa - gnie! —

II